## HEDIS<sup>®</sup> Tip Sheet Appropriate Treatment for Upper Respiratory Infection (URI)

#### **Measure Description**

The percentage of episodes for members three months of age and older with a diagnosis of upper respiratory infection (URI) that did not result in an antibiotic dispensing event.

**Note:** This measure is reported as an inverted rate. A higher rate indicates appropriate URI treatment (i.e., the proportion of episodes that did not result in an antibiotic dispensing event).

Product Lines: Commercial, Medicaid, Medicare, Exchange

**Intake Period:** A 12-month window that begins on July 1 of the year prior to the measurement year and ends on June 30 of the measurement year. The intake period captures eligible episodes of treatment.

|     |     | 20  | )24 |       |        |       |       |     |     |     | 202 | 25  |     |     |     |       |        |       |       | 20  | 26  |     |     |
|-----|-----|-----|-----|-------|--------|-------|-------|-----|-----|-----|-----|-----|-----|-----|-----|-------|--------|-------|-------|-----|-----|-----|-----|
| Jul | Aug | Sep | Oct | Nov   | Dec    | Jan   | Feb   | Mar | Apr | May | Jun | Jul | Aug | Sep | Oct | Nov   | Dec    | Jan   | Feb   | Mar | Apr | May | Jun |
|     |     |     |     | MY 20 | 025 Ir | ntake | Perio | bd  |     |     |     |     |     |     | 1   | MY 20 | )26 In | itake | Peric | od  |     |     |     |

# Codes Included in the Current HEDIS<sup>®</sup> Measure

| Description              | Code  |
|--------------------------|---|
| Acute Nasopharyngitis    | ICD-10: J00   |
| Acute Laryngopharyngitis | ICD-10: J06.0   |
| Acute URI                | ICD-10: J06.9   |
| Outpatient, ED and       | CPT: 98966-98968, 98970-98972, 98980, 98981, 99202-99205, 99211-99215, 99242-   |
| Telehealth               | 99245, 99281-99285, 99341-99342, 99344-99345, 99347-99350, 99381-99387, 99391-  |
|                          | 99397, 99401-99404, 99411, 99412, 99421-99423, 99429, 99441-99443, 99455-99458  |
|                          | 99483   |
|                          | HCPCS: G0071, G0402, G0438, G0439, G0463, G2010, G2012, G2250-G2252, T1015      |
|                          | UBREV: 0450-0452, 0456, 0459, 0510-0511, 0513-0517, 0519-0523, 0526-0529, 0981- |
|                          | 0983  |

#### Codes to Identify Common Comorbid Conditions

| Description        | Code                              |
|--------------------|-----------------------------------|
| Emphysema          | ICD-10: J43.0-J43.2, J43.8, J43.9 |
| Chronic Bronchitis | ICD-10: J41.0, J41.1, J41.8, J42  |
| COPD               | ICD-10: J44.0, J44.1, J44.9       |

#### Codes to Identify Pharyngitis and Common Competing Diagnosis

| Description     | Code  |
|-----------------|---|
| Pharyngitis     | ICD-10: J02.0, J02.8, J02.9, J03.00, J03.01, J03.80, J03.81, J03.90, J03.91             |
| Otitis Media    | ICD-10: H66.001-H66.007, H66.009, H66.011-H66.017, H66.019, H66.10-H66.13,              |
|                 | H66.20-H66.23, H66.3X1-H66.3X3, H66.3X9, H66.40-H66.43, H66.90-H66.93, H67.1-           |
|                 | H67.3, H67.9  |
| Acute Sinusitis | ICD-10: J01.00, J01.01, J01.10, J01.11, J01.20, J01.21, J01.30, J01.31, J01.40, J01.41, |
|                 | J01.80, J01.81, J01.90, J01.91  |



| Chronic Sinusitis | ICD-10: J32.0-J32.4, J32.8, J32.9  |
|-------------------|--|
| Pneumonia         | ICD-10: A01.03, A02.22, A50.04, A54.84, J13, J14, J15.0, J15.1, J15.20, J15.211,   |
|                   | J15.212, J15.29, J15.3-J15.9, J16.0, J16.8, J17, J18.0, J18.1, J18.8, J18.9, J20.0 |
| Whooping Cough    | ICD-10: A37.00, A37.01, A37.10, A37.11, A37.80, A37.81, A37.90 A37.91              |

### **Medications**

| Description                        | Prescription   |
|------------------------------------|--|
| Aminoglycosides                    | Amikacin, Gentamicin, Streptomycin, Tobramycin                                   |
| Aminopenicillins                   | Amoxicillin, Ampicillin  |
| Beta-lactamase Inhibitors          | Amoxicillin-clavulanate, Ampicillin-sulbactam, Piperacillin-tazobactam           |
| First-generation Cephalosporins    | Cefadroxil, Cefazolin, Cephalexin  |
| Fourth-generation Cephalosporins   | Cefepime   |
| Lincomycin Derivatives             | Clindamycin, Lincomycin  |
| Macrolides                         | Azithromycin, Clarithromycin, Erythromycin                                       |
| Miscellaneous Antibiotics          | Aztreonam, Chloramphenicol, Dalfopristin-quinupristin, Daptomycin, Linezolid     |
|                                    | Metronidazole, Vancomycin  |
| Natural Penicillin                 | Penicillin G benzathine-procaine, Penicillin G potassium, Penicillin G procaine, |
|                                    | Penicillin G sodium, Penicillin V potassium, Penicillin G benzathine             |
| Penicillinase Resistant Penicillin | Dicloxacillin, Nafcillin, Oxacillin  |
| Quinolones                         | Ciprofloxacin, Gemifloxacin, Levofloxacin, Moxifloxacin, Ofloxacin               |
| Rifamycin Derivatives              | Rifampin   |
| Second-generation Cephalosporin    | Cefaclor, Cefotetan, Cefoxitin, Cefprozil, Cefuroxime                            |
| Sulfonamides                       | Sulfadiazine, Sulfamethoxazole-trimethoprim                                      |
| Tetracyclines                      | Doxycycline, Minocycline, Tetracycline   |
| Third-generation Cephalosporins    | Cefdinir, Cefixime, Cefotaxime, Cefpodoxime, Ceftazidime, Ceftriaxone            |
| Urinary Anti-infectives            | Fosfomycin, Nitrofurantoin, Nitrofurantoin macrocrystals-monohydrate,            |
|                                    | Trimethoprim   |
|                                    |  |

### Ways Providers can Improve HEDIS® Performance

- Do not prescribe an antibiotic for a URI diagnosis only.
- Submit any co-morbid/competing diagnosis codes that apply.
- Code and bill for all diagnoses based on patient assessment.
- Educate patients on comfort measures (e.g., acetaminophen for fever, rest, extra fluids) and advise patient to call back if symptoms worsen (antibiotic can be prescribed, if necessary, after 3 days of initial diagnosis).
- Discuss the side effects of taking antibiotics with patients.
- Consider resubmitting an encounter if you missed a second diagnosis code and you see a member on the needed services report published by Molina Healthcare.
- Schedule appointments to diagnose and educate patients on appropriate treatment for upper respiratory infection.

### Ways Health Plans can Improve HEDIS® Performance

- Educate providers about comfort measures (e.g. acetaminophen for fever, rest, extra fluids) and avoiding antibiotics for upper respiratory infections.
- Educate members and caregivers that most URIs, also known as the common cold, are caused by viruses that require no antibiotic treatment. Good communication is often more important to patient satisfaction than prescribing an antibiotic.
- Audit, identify, and educate top 10 prescribers of antibiotics for URI.



- Assist members to schedule follow-up appointments if symptoms do not resolve.
- Educate members on proper handwashing and hygiene to prevent the spread of illness to close contacts.

#### **Required Exclusions**

- Members who use hospice services or elect to use a hospice benefit any time during the measurement period.
- Members who die any time during the measurement year.



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